

End of CalFresh Emergency Allotments

CalFresh recipients received extra benefits, or “Emergency Allotments,” during the Public Health Emergency. A recent federal law has stopped those extra benefits. This means you will receive less money on your EBT card in April.

How do this Affect you?

Beginning April 2023, households enrolled in CalFresh will experience a decrease of at least \$95 a month with the end of the Emergency Allotment, and for some households the decrease will be much more. Your regular CalFresh benefit will not change.

The regular CalFresh benefit is the CalFresh amount loaded on your EBT card between the 1st and 10th of each month. This amount is based on each household's circumstances including family size, income and deductions.

Questions

For questions about the Emergency Allotment, please call the California Department of Social Services at **(877) 847-3663**.

Resources

To connect to resources, like food assistance, please call 2-1-1 or visit <https://211oc.org>

Maximize Your Benefits

If your expenses increased during the pandemic, you may be eligible for an increase in your CalFresh benefits. Expenses could include costs for shelter, utilities, telephone, dependent care and medical expenses (for those who are disabled or 60 and older).

How to Check Benefits

Visit MyBenefitsCalWIN.org
Contact the SSA Call Center at 800-281-9799
Find an office: ssaregionlocator.ocssa.net/Home/ViewMap